

**ORANGE COUNTY INTERSCHOLASTIC  
ATHLETIC ASSOCIATION  
MODIFIED SOCCER RULES  
Revised August 16, 2011**

1. The current year National Federation Soccer Rules in addition to the following NYSPHSAA and OCIAA Rules & Regulations shall apply.
2. The maximum length of the quarter shall be fifteen (15) minutes.
  - A. Free Substitution is permitted when the ball goes over the sideline or end line.
3. Equipment:
  - A. Shin guards must be worn at all times by all players.
  - B. Only shoes with molded soles, or sneakers are permitted as footwear
4. It is no longer necessary for a modified goalkeeper to wear a helmet in New York State. The goalkeeper may choose to wear a helmet, and schools may require he/she wear one, but it is not required by rule. Goalkeepers must wear a mouthpiece.
5. One time-out period per quarter may be called whenever the ball is dead. The coach is permitted on the field during the time-out period to instruct the players.
6. The sliding tackle is not permitted.
7. The overhead scissors kick is not permitted.
8. Yellow Card Rule:

An athlete who receives a yellow card must leave the field of play and may return to the game the next time a substitution may be made.
9. In the event that the player receives two yellow cards in the same game, resulting in a red card, the two yellow cards will not count towards the season total; since the player will receive a one game suspension as a result of the misconduct and ejection.
10. Red Card Rule:
  - A. If a red card is given to a player for the following:
    1. Fighting
    2. Verbal or physical abuse of a player or official
    3. Intentionally charging a goalie
    4. Violent conduct, using foul abusive language or for spitting at other people.
    5. A foul by a player against an opponent who is moving toward his/her goal with an opportunity to score.
    6. A player anywhere on the field (other than the goalkeeper within his/her own penalty area) who deliberately handles a ball to prevent it from going into the goal.
  - B. When a player or players receiving a red card, for one of the above infractions, the following action will be taken.
    1. First red card – the player(s) cannot attend or participate in the next scheduled game.
    2. Second red card - the player(s) cannot attend or participate in the next two scheduled games.
    3. Third red card - that player(s) cannot attend or participate in any remaining scheduled games.
  - C. The official giving a red card must notify the OCIAA Athletic Coordinator, prior to 12:00 noon the following day, of the name(s) of the player or players and the type of infraction.

- D. The coach of the player or players receiving the red card will notify his/her Athletic Director. The Athletic Director will then contact the OCIAA Athletic Coordinator's Office to confirm that the player or players will not be allowed to participate in that school's next scheduled game(s) as required above.
  - E. A player(s) that is red carded will not be allowed to be present at the site of any game that player(s) has been disqualified from participating in (home or away).
11. Field of Play: It is recommended that Varsity fields will have a perimeter fence or roping, 15-25 feet from playing field on the official side and at least 10 feet on the other side of the playing field and endlines. If field configuration, the use of public parks or elementary school fields prohibits full adherence to the 15 or 10 feet requirement, large rubber cones or other temporary markings may be used. The home school is responsible for keeping unauthorized personnel out of teams' area and at least 10 feet from the field of play at all times, which may require adult supervision.
12. Interruptions of a Match: If any circumstances, or series of circumstances, prevent the completion of a match (such as bad weather, failure of equipment, etc.), the match shall be considered an official match if at least one-half (1/2) of the match has been completed.
13. A five (5) quarter game must be played if both teams have 22 or more players at the start of the game and in accordance with the following:
- A. Both coaches will exchange official OCIAA roster before the start of the game.
  - B. The players must be seeded from #1 on down. The top half will be squad "A", the bottom half will be squad "B". This must be entered on the score sheet before the game starts.
  - C. Squad "A" will play quarters 1, 3 and 5: Squad "B" will play quarters 2 and 4.
  - D. If "A" team drops under the number of players needed to put a team on the field, bring up the top "B" player(s).
  - E. If "B" team drops under the number of players needed to put a team on the field, bring down the lowest "A" player(s).
  - F. No player may play more than four (4) quarters.
  - G. No half-time will be used, five (5) quarters will be played with a one (1) minute break between quarters.
  - H. No overtime in Modified Soccer.