

Section IX
MODIFIED SOCCER RULES
Revised August 28, 2019

1. The current year National Federation Soccer Rules in addition to the following NYSPHSAA and Section IX Rules & Regulations shall apply.
2. The maximum length of the quarter shall be fifteen (15) minutes.
3. Free Substitution is permitted when the ball goes over the sideline or end line.
4. Equipment -
 - It is no longer necessary for a modified goalkeeper to wear a helmet in New York State. The goalkeeper may choose to wear a helmet, and schools may require he/she wear one, but it is not required by rule. Goalkeepers must wear a mouthpiece.
 - Shin guards must be worn at all times by all players.
5. One time-out period per quarter may be called whenever the ball is dead. The coach is permitted on the field during the time-out period to instruct the players.
6. The sliding tackle is **not** permitted.
7. The overhead scissors kick is **not** permitted.
8. Corner flag posts must be flexible in nature (wood, plastic or plastic foam) and conform to the NFHS rule standard of not being less than 5 feet high. Plastic traffic cones may be substituted in place of corner flags.
9. In the event of a disqualification of a player, a substitution must be made for that disqualified player. If a team has no eligible substitute, the team may continue to play shorthanded.
10. The flip throw-in shall not be permitted.
11. The NFHS regulation that the boys & girls soccer goalie uniform jersey be numbered and all white home uniforms shall be waived at the modified level.
12. (1) a. When a coach is ejected from a contest please refer to the NYSPHSAA Handbook, Sportsmanship Standard #27.
 - b. If a red card is given to a player for the following:
 - (a) Fighting
 - (b) Verbal or physical abuse of a player or official
 - (c) Unsportsmanlike conduct, violent conduct, using foul abusive language or for spitting at other people.
 - (d) Deliberate handball to deny an obvious goal-scoring opportunity.
- (2) The following action is required by the NYSPHSAA regulations as detailed in Standard #27b.
 - (a) First red card - that player(s) cannot attend or participate in the next scheduled game.
 - (b) Second red card - that player(s) cannot attend or participate in the next two scheduled

games.

(c) Third red card - that player(s) cannot attend or participate in any remaining scheduled games including sectional play or any higher level of competition.

- (3) There is no appeal to a player(s) ejection. The official's decision is final and includes the following contest(s).
- (4) The official giving a red card must notify the Athletic Coordinator, prior to 12:00 p.m. the following day, with the name(s) of the player or players and the type of infraction.
- (5) The coach of the player or players who were ejected will notify his/her Athletic Administrator. The Athletic Administrator must report the ejection to the Athletic Coordinator's Office.
- (6) A player(s) who is ejected from a game cannot be present at the site of the next game whether it is held home or away.
- (7) For unsportsmanlike violations that occur during the season, penalties will carry over into sectional play. NYSPHSAA unsportsmanlike conduct rules will apply after the completion of the league season.

13. Field of Play:

It is recommended that Varsity fields will have a perimeter fence or roping, 15-25 feet from playing field on the official side and at least 10 feet on the other side of the playing field and endlines. If field configuration, the use of public parks or elementary school fields prohibits full adherence to the 15 or 10 feet requirement, large rubber cones or other temporary markings may be used. The home school is responsible for keeping unauthorized personnel out of teams' area and at least 10 feet from the field of play at all times, which may require adult supervision.

14. Interruptions of a Match:

If any circumstances, or series of circumstances, prevent the completion of a match (such as bad weather, failure of equipment, etc.), the match shall be considered an official match if at least one-half (1/2) of the match has been completed.

15. A five (5) quarter game must be played if both teams have 22 or more players at the start of the game and in accordance with the following:

- a. Both coaches will exchange official roster before the start of the game.
- b. The players must be seeded from #1 on down. The top half will be squad "A", the bottom half will be squad "B". This must be entered on the score sheet before the game starts.
- c. Squad "A" will play quarters 1, 3 and 5: Squad "B" will play quarters 2 and 4.
- d. If "A" team drops under the number of players needed to put a team on the field, bring up the top "B" player(s).
- e. If "B" team drops under the number of players needed to put a team on the field, bring down the lowest "A" player(s).
- f. No player may play more than four (4) quarters.
- g. No half-time will be used, five (5) quarters will be played with a one (1) minute break between quarters.
- h. No overtime in Modified Soccer.