

**OCIAA
APPROVED MAXIMUM CONTESTS
2009-2010**

<u>HIGH SCHOOL SPORTS</u>	<u>LEAGUE MAXIMUM VARSITY/JV/FROSH)</u>
Baseball	20
Basketball (Boys / Girls)	18
Bowling	20
Cross Country (Boys /Girls)	16
Field Hockey	16
Football	9
Golf (Boys / Girls)	18
Gymnastics	16
Ice Hockey	20
Lacrosse (Boys / Girls)	16
Skiing (Boys / Girls)	16
Soccer (Boys / Girls)	16
Softball	20
Swim (Boys / Girls)	16
Tennis (Boys / Girls)	18
Track (Boys / Girls)	16
Indoor Track (Boys / Girls)	16
Volleyball	20
Wrestling	20 points

- ❖ Varsity Scrimmages - OCIAA member schools should follow the most current edition of the New York State Public High School Athletic Association Handbook.
- ❖ JV/Freshmen Scrimmages – OCIAA member schools are allowed two (2) scrimmages per team.

<u>MODIFIED SPORTS</u>	<u>MAXIMUM CONTESTS</u>
Baseball	14
Basketball (Boys)	14
Basketball (Girls)	14
Cross Country (Boys)	10
Cross Country (Girls)	10
Football (Modified A)	7
Football (Modified B)	7
Soccer (Boys)	12
Soccer (Girls)	12
Softball	14
Track (Boys)	10
Track (Girls)	10
Volleyball	14
Wrestling	10