

**ORANGE COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION  
ATHLETIC DIRECTORS WORKSHOP**

**TUESDAY, SEPTEMBER 27, 2011- 9:30 A.M.  
ORANGE-ULSTER BOCES, CARL P. ONKEN CONFERENCE CENTER  
Room A**

**AGENDA**

1. Approval of Minutes of Last Meeting (August 23, 2011)
2. OCIAA President's Report – Mr. Doug Murphy
  - A. Section IX Athletics
3. OCIAA Athletic Coordinator's Report – Mr. James M. Osborne

Items of Concern:

- A. NYSPHSAA 2011 September Office Report
  - B. NYSPHSAA Mandated Athletic Directors Workshop  
Tuesday, October 4, 2011 at Wallkill High School
  - C. Modified Football Rules Interpretations Meeting – Mr. George St. Lawrence
  - D. 2011 OCIAA & Section IX Fall Championships
  - E. BEDS Report 2011-2012
  - F. NYSAAA Conference
  - G. Spring Schedules 2012 (vote)
4. Old Business
  5. New Business
  6. Next Athletic Directors Workshop – Tuesday, October 25, 2011 at 9:30 a.m.  
Orange-Ulster BOCES, Carl P. Onken Conference Center, Room B & C

Section IX Meeting – Tuesday, October 4, 2011 at 9:30 a.m.  
Wallkill High School Auditorium

7. Adjourn



## SEPTEMBER 2011 NYSPHSAA OFFICE REPORT

### 2011 CALENDAR

September 8  
Section III - 9:00 AM  
September 11  
Indoor Track - 7:00 PM  
September 13  
Section IX - 9:30 AM  
Section VII Workshop  
September 14  
Section X Workshop  
September 16  
Ice Hockey - 10:00 AM  
September 18  
Spring Track - 10:00 AM  
September 21  
Sections II, IV, V and VI  
September 22  
Sections I, VII, VIII  
September 26  
Section VIII Workshop  
September 27  
Section XI Workshop  
September 29  
Section IV Workshop  
September 30  
Boys Basketball 10:00 AM

### FALL 2011 MANDATORY ATHLETIC ADMINISTRATORS WORKSHOPS

September 13  
Section VII  
September 14  
Section X  
September 26  
Section VIII  
September 27  
Section XI  
September 29  
Section IV  
October 3  
Section I  
October 4  
Section IX  
October 12  
Section II  
October 13  
Section III  
October 20  
NYSPHSAA Office

### NYSPHSAA CENTRAL COMMITTEE MEETING - August 2-4, 2011

#### APPROVED ITEMS

##### Member Dues

Member dues will be the same as the amount paid in 2011-2012 for the next two school years (2012-2013 and 2013-2014).

##### Strategic Plan

The Strategic Plan for 2011-2016.

##### 2011-2012 State Championship Sites

Football West Semi's - East Syracuse-Minoa High School (3) – November 18-19 (Fri.-Sat)

Girls Gymnastics - Shaker High School, Latham (2) – Saturday, March 3, 2012

Bowling - Valley Bowling Center, Waverly (4)

Skiing - Whiteface, Mt. Van Hoevenberg, Lake Placid (7) – February 27-28 (Mon.-Tues)

##### Swimming

Scott Warner (9) as the Assistant Boys Swimming and Diving Coordinator

Protocol to Qualify for the NYSPHSAA State Championship ([www.nysphsaa.org](http://www.nysphsaa.org))

Qualifying Times for the 2011-2012 State Championship ([www.nysphsaa.org](http://www.nysphsaa.org))

##### Cross Country

Classification Numbers: Class A: 911 and up; Class B: 470 – 910; Class C: 260 – 469; Class D: 259 and below.

##### Wrestling

14 Day Rule - A wrestler cannot begin practice until the waiver is approved. The approval date of the waiver starts the 14-day clock for certification.

Weight Classes 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285. Selectively Classified athletes must weigh in excess of: 91 lbs. for 99 lb. weight class, 96 lbs. for 106 lb. weight class, 185 lbs for 220 lb. weight class and 210 lbs. for 285 lb. weight class. Students in grades 9-12 do not have to make minimum weight.

Weight Certification - Beginning in 2011, a third measurement to all skin fold sites is required. The data must be submitted by using Optimal Performance Calculation on the NWCA website.

Skin Disease Form - "For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant or nurse practitioner."

##### Boys Volleyball

Net Height Waiver: The height of the net from the center of court is 7'11 5/8".

#### IMPORTANT REMINDERS

**PRACTICE SESSIONS - Highlights of Rule** - No student or team may be permitted to participate in school organized practice or play on seven consecutive days during the regular season. Specifically, during the regular season, **physical and/or instructional activities related to the sport on seven consecutive days is prohibited. Only one practice session a day and only six days of a calendar week may be counted toward the total practice sessions required. A practice session conducted on the same day as a game cannot be counted to meet the minimum practice requirement to be eligible for that day's contest.** All required practice sessions shall be organized and planned for a reasonable length of time and **shall include vigorous activity specific to the sport** for the purpose of improving the physical condition of the players. **Each of the required number of practices for an individual must include vigorous activity;** however, practice sessions required for the team beyond those needed by the individual may be used solely for meetings, film review and similar activities.

*(Reference the entire Practice Regulation found on pages 101-102 of the NYSPHSAA Handbook or pages 102-103 of the on-line version of the Handbook.)*

**Concussion Management** - Schools are encouraged to develop a Board of Education approved concussion management policy. A draft policy and guidelines can be found on the NYSPHSAA website. Educate your coaching staff through a FREE on-line course at [www.nfhslearn.org](http://www.nfhslearn.org).

