

**ORANGE COUNTY INTERSCHOLASTIC ATHLETIC ASSOCIATION  
ATHLETIC DIRECTORS WORKSHOP**

**TUESDAY, NOVEMBER 22, 2011- 9:30 A.M.  
ORANGE-ULSTER BOCES, CARL P. ONKEN CONFERENCE CENTER  
Room B & C**

**AGENDA**

1. Approval of Minutes of Last Meeting (October 25, 2011)
2. OCIAA President's Report – Mr. Doug Murphy
  - A. Dover's Application into Section IX
3. OCIAA Athletic Coordinator's Report – Mr. James M. Osborne

Items of Concern:

- A. NYSPHSAA November 2011 Office Report
  - B. 2011 Fall Champions List
  - C. BEDS Report 2012-2013
  - D. NYSPHSAA Scholar Athlete Team Award – December 2, 2011
  - E. Review of Winter Rules Interpretations Meeting – November 21, 2011
  - F. 2012-2013 Sports Teams
  - G. Winter Coaching Classes
  - H. Update on Winter Schedules – Alpine Ski – Ice Hockey – Indoor Track
  - I. Orange County School Boards Association Presentation
4. Old Business
  5. New Business
  6. Next Athletic Directors Workshop – Tuesday, December 13, 2011 at 9:30 a.m.  
Orange-Ulster BOCES, Carl P. Onken Conference Center, Room A

Section IX Meeting – Tuesday, November 29, 2011 at 9:30 a.m.  
Orange-Ulster BOCES, Carl P. Onken Conference Center, Room B & C

7. Adjourn



## NYSPHSAA MONTHLY UPDATE NOVEMBER 2011

### 2011 CALENDAR

November 3 - Sections III and X  
November 9 - Section V & Softball 10  
November 16 - Sections IV and VI  
November 23 - Section I  
November 29 - Section IX  
November 30 - Section II  
December 1 - Girls Lacrosse - 9:00  
December 6 - Transfer Coordinators  
December 8 - Sections VII and VIII  
December 20 - Section I

### FALL CHAMPIONSHIPS

November 5-7  
Girls Tennis  
Eastside Racquet Club (3)

November 12  
Cross Country  
Vernon-Verona-Sherrill HS (3)

November 18-19  
Football Semi Finals  
East - Dietz Stadium (9)  
West - East Syracuse Minoa HS (3)  
Girls Swimming & Diving  
Erie County CC (6)

November 19  
Boys Volleyball  
Cicero-North Syracuse (3)  
Federation Cross Country  
Bowdoin Park (1)

November 19 -20  
Girls Soccer  
SUNY Cortland, TCCC, Homer (3)  
Field Hockey  
Cicero-North Syracuse (3)  
Girls Volleyball  
Glens Falls Civic Center (2)  
Boys Soccer  
Middletown HS (9)

November 25 and 27  
Football Finals  
Carrier Dome—Syracuse University

### UPCOMING CLINICS

Sports Medicine  
November 11, 2011  
Binghamton Holiday Inn

### DEADLINE

Fall Scholar Athlete - December 2

### HIGHLIGHTS FROM EXECUTIVE COMMITTEE MEETING

October 23-24, 2011

**SWIMMING and DIVING** - Approved the use of the NFHS Metric Conversion Chart when applicable.

**GIRLS BASKETBALL** – Approved waivers of the NCAA Rules to maintain the 3 point line at a distance of 19'9" and eliminate the requirement of the use of the restricted area arc.

**MODIFIED SOFTBALL** - Approved with section/league approval, innings 1-6 may be completed at five (5) runs or three (3) outs .The seventh inning shall be played as a normal inning, with three outs and no run restrictions for that inning.

**MODIFIED TRACK and FIELD** - Approved with sectional/league approval, the height of the hurdle in the 55m modified boys' hurdles may be increased from 30 inches to 33 inches and approved with sectional/league approval, a six (6) pound shot put may be used for modified girls' track and field, rather than a 4K shot put.

### HIGHLIGHTS OF OTHER RULE CHANGES

**Wrestling: The Wrestling Handbook is available at [www.nysphsaa.org](http://www.nysphsaa.org)**

**14 Day Rule** - A wrestler cannot begin practice until the waiver is approved. The approval date of the waiver starts the 14-day clock for certification.

**Weight Classes** 99, 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220 and 285. In order to compete Selectively Classified athletes must weigh in excess of: 91 lbs. for 99 lb. weight class, 96 lbs. for 106 lb. weight class, 185 lbs for 220 lb. weight class and 210 lbs. for 285 lb. weight class. Students in grades 9-12 do not have to make minimum weight.

**Weight Certification** - Beginning in 2011, a third measurement to all skin fold sites is required. The data must be submitted by using Optimal Performance Calculation on the NWCA website.

**Skin Disease Form** - "For NYSPHSAA member schools an appropriate health care provider is defined as a licensed physician, physician assistant or nurse practitioner."

**Boys Volleyball**

**Net Height Waiver:** The height of the net from the center of court is 7'11 5/8.

### IMPORTANT REMINDERS

**Take Advantage of Free Online Stat, Roster Tools**

Please remind your coaches that they can take advantage of free online statistical and roster tools being provided to the Association by its partner MaxPreps. Simply visit [MaxPreps.com](http://MaxPreps.com) and fill out the easy registration form for free to help your school be recognized locally and nationally.

**Hazing Webinars** - The NYSPHSAA will be conducting a live hazing webinar on November 8th and 15th from 3pm—4pm. A recorded hazing webinar is available on the NYSPHSAA website.

**Concussion Management** - Schools are encouraged to develop a Board of Education approved concussion management policy. A draft policy and guidelines can be found on the NYSPHSAA website. Educate your coaching staff through a FREE on-line course at [www.nfhslearn.org](http://www.nfhslearn.org).

**Skin Infection Webinars** - Assistant Director Todd Nelson will be conducting a live webinar for all wrestling coaches at their preseason meetings. A recorded Skin Infection Webinar will be available on December 1, 2012.

**Eligibility Workshops**—If Athletic Administrators wish to receive a copy of the questions and answers reviewed at the workshops, please email Nina Van Erk at [nvanerk@nysphsaa.org](mailto:nvanerk@nysphsaa.org).

### SHARING NEWS FROM NYSED

Guidance document for Eligibility Extension for Students with Disabilities - See NYSED Website  
[http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd\\_waiver\\_guidelines.pdf](http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd_waiver_guidelines.pdf)  
[http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd\\_waiver\\_form.pdf](http://www.p12.nysed.gov/ciai/pe/toolkitdocs/swd_waiver_form.pdf)

